



Shiple Living

The Heart of Loving Care

Sample Dining Menu

Breakfast

Option 1

Waffles
Breakfast Meat of Choice
Fresh Seasonal Fruit
Hot or Cold Cereal

Option 2

Resident's Choice of Egg
Breakfast Potatoes
Toast, Muffin or Pastry

Lunch

Starters

Soup du Jour
Mixed Green Salad with Dressing

Option 1

Catch of the Day
Noodles Romanoff
Basil Zucchini Saute
Choice of Bread & Butter or Margarine

Option 2

Apple Glazed Chicken
Chateau Potatoes
Roasted Fresh Brussels Sprouts
Choice of Bread & Butter or Margarine

Dessert

Chocolate Éclair

Dinner

Starters

Cauliflower Soup
Salad of the Day

Option 1

Grilled Chicken Breast Sandwich
Pickle Spear
Steak Fries

Option 2

Teriyaki Beef with Rice
Choice of Bread & Butter or Margarine

Dessert

Berry Parfait



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Always Available Menu

Breakfast

Scrambled Eggs

Bacon or Sausage

Cheese Omelet or Vegetable

Omelet with Choice of Meat

(Bacon, Ham, Sausage)

Assorted Toast

Pancake

French Toast

Assorted Cold Cereal

Chef's Choice of Hot Cereal

Lunch and Dinner

Hot Dog

Hamburger or Cheeseburger

Grilled Cheese with Tomato or

Choice of Turkey or Ham

Chicken Tenders

French Fries

Choice of Sandwich - Turkey, Ham,

Chicken Salad, Tuna Salad, Egg Salad,

Ham Salad